FOR IMMEDIATE RELEASE

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Benjamin M. Weilert receives national recognition through the INDEPENDENT PRESS AWARD®!

COLORADO SPRINGS, CO -- The INDEPENDENT PRESS AWARD, one of the most prestigious book award programs globally for independent authors, publishers, and illustrators, recognized *Stop Screaming! A Beginner's Guide to Homemade Ice Cream* by Benjamin M. Weilert in the category of How-To as a distinguished favorite.

The competition is judged by experts from different aspects of the book industry, including publishers, writers, editors, book cover designers and professional copywriters. Selected IPA Award Winners and Distinguished Favorites are based on overall excellence.

Stop Screaming! A Beginner's Guide to Homemade Ice Cream by Benjamin M. Weilert a Non-fiction Cookbook

About the book: Calm down. Making homemade ice cream isn't as difficult as you may think. It's amazing how only a few ingredients commonly found at the grocery store can create endless flavor possibilities. While some ice cream cookbooks can border on the academic or the gourmet, *Stop Screaming!* is a basic guide for those starting out making this chilled dessert. Covering both the equipment and techniques to make ice cream at home, *Stop Screaming!* reveals the barrier to entry for this culinary hobby can be as low as a few hundred dollars. With broad recipes that allow for plenty of experimentation, this cookbook is a great foundation to build upon and eventually reach some truly unique flavors (for example: have you ever had dragon fruit sorbet?).

In 2024, the Independent Press Award saw participation from authors and publishers across the globe, including those residing in Australia, Bangladesh, Canada, Cyprus, Germany, India, Kenya, Japan, Nigeria, Norway, Portugal, Scotland, Singapore, South Africa, Spain, and The Netherlands.

"The 2024 INDEPENDENT PRESS AWARD honorees represent the excellence and diversity of global independent publishing," said Gabrielle Olczak, IPA President and Award Sponsor. "Independent publishing is a formidable agent. It provides unparalleled content and quality to consumers worldwide and we are proud to highlight this year's awardees."

For more information please visit <u>independentpressaward.com</u>; and to see this year's list of IPA Winners and Distinguished Favorites, please visit the website pages:

2024 WINNERS: https://www.independentpressaward.com/2024winners

2024 DISTINGUISHED FAVORITES: https://www.independentpressaward.com/2024df